



Navigating Attention Deficit for Success: A hands-on Workshop held on July24, 2024, at Rotary Sadan: AOS Community

On July 24, 2024, the Rotary Club of Calcutta Youth Service Committee, and the Rotary Club of Calcutta Laban Hrad hosted a Hands-on Workshop on Navigating Attention Deficit Challenges for Success at Rotary Sadan. The event aimed to empower students with attention deficit challenges by providing awareness and improvement tools. It saw participation from 129 students (classes VIII to XII) and 18 teachers from 16 Kolkata vernacular schools. Sessions included Brain Science, Gamification of Attention Span, Tools for Enhancing Attention Span and Confidence, and Individual Assessment Questionnaires. Facilitators were Mrs. Sudeshna Majumdar from Jadavpur University and Rtn Samir Saha, Centre for Cognitive Emotional Empowerment. The workshop featured speeches from Saswati Mukherjee, Subrata De, and other dignitaries including DG Dr. Krishnendu Gupta and Sibnath Dey. The event concluded with a vote of thanks by R-Ann Sucharita Roychowdhury. This event was made possible through the support of President Subrata De, Honorary Secretary Suman Chakraborty and others, including Heena Gorsia, Sonal Worah, Shoma Basu and R-Ann Sucharita Roychowdhury. PP Abhijit Kolay, Atindranath Sen, Kirit Patel, Yogesh Dassani and Ravindra Khandelwal attended the workshop. Special thanks were given to all involved, including Ruchika Majumdar and the Rotary office staff.

Excerpted from a report by Youth Chair Saswati



We Meet Every Tuesday at 1 p.m. at ROTARY SADAN https://rccalcutta.rotaryindia.org E-mail: rotarycalcutta.office@gmail.com

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TUESDaw And New Club Development Man

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SPEAKER OF THE DAY Ajay Doshi



Ajay Kumar Doshi is the Managing Partner at Doshi Chatterjee Bagri & Co LLP with nearly 43 years of experience in tax, audit, and finance. He previously worked with S.R. Batliboi & Co./Ernst & Young for 25 years, including 15 years as Head of Taxation in Kolkata. Ajay specializes in corporate tax, tax planning, and cross-border taxation, advising multinationals and Indian industry groups. He has served on the Board of Directors of a Public Sector Bank and is actively involved in various chambers of commerce, including ASSOCHAM and the Bengal Chamber of Commerce. He is also an external member of the Finance Committee at IIM Ranchi. He is a member of our Club.

Excerpted from Social Media

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Double Header Blood Donation camps 1st & 21st July 2024: AOS Community AOF: Disease prevention and treatment





Change Lives".







Matsya Bhawan, Kharibari Chowmatha, North 24 Parganas, 2. Duttapulia High School, Dhantala, Nadia.

Rotary Club of Calcutta under the aegis of Health, Community and Special

service projects initiated its Mega Project of 12 Blood Donation Camps in this Rotary Year 2024-25 on Doctors' Day with a target of 1000 beneficiaries. In these camps, Blood donors from society will be organised with OM Blood Center. The first camp on 1 July 2024 was inaugurated by our President Rtn. Subrata De by lighting of the Lamp and he was accompanied by Rtn. Ravindra Khandelwal Community Chair, Rtn. Arindam Roy Chowdhury Special Projects Chair. The camp was organized by Kataganj Ramkrishna Vivekandanda Seva Samity (KRVSS) at Matsya Bhawan, Kharibari Chowmatha, N 24 Pgs. Ruchika & spouse Surendranath Majumder donated Blood setting up an example of "Serve to

In the second camp in Duttapulia School in Dhantala, Nadia on 21 July there were a total of 72 of whom 54 successfully donated blood. Some were unable to, due to medical conditions. Among the successful donors, 4 were female and 50 were male.

Excerpted from Reports of Ravindra Khandelwal and Arindam Roychowdhury

Menstrual Hygiene Awareness Camp – 27 July 2024 : Lavinia House : AOS Community; AOF Preventing Disease



The session on menstrual hygiene awareness organised by Women's Empowerment Committee of Rotary Club of Calcutta, was a wonderful and engaging experience. Dr Ayushmati Thakur along with Rtn Shampa Ghose, Chairperson Women's Empowerment Committee conducted the workshop. R-Ann Ivy De, First Lady of club most graciously accompanied them.

Approximately 80 students and 8 sisters of from Lavinia House participated. The atmosphere was lively and interactive, with the children showing great enthusiasm and curiosity. They asked a multitude of questions about their personal health issues, demonstrating a keen interest in understanding menstrual hygiene better. The presence of the sisters added a supportive and encouraging environment, making it easier for the students to open up and discuss their concerns. Overall, it was an educational and enlightening event for everyone involved.

Reported by Shampa Ghose, Chair Women's Empowerment

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Vision for All : AOS Community; AOF Fighting Disease



4th Eye Camp 21/07/2024 : Duttapulia High School, Dhantala, Nadia 5th Eye Camp 28/07/2024 : Shikharpur Netaji Sangha, Shikharpur, Rajarhat Eye Surgery 25/07/2024: Sankara Jyoti Eye Institute, Khardah, North 24 Pgs

Rotary Club of Calcutta continues its Mega Project of 50 camps for eye check-up in the Rotary year 2024-25 through Health, Community Service and Special Projects committees. In these camps, eye check-ups will be done with distribution of Free powered Spectacles along with Cataract operations making it a holistic program. At the conclusion of the screening process, individuals requiring glasses and those in need of surgery are directed to the Spectacle Desk. Here, beneficiaries select frames that suit their face size. Additionally, the process is thoroughly explained, and the names and phone numbers of those needing surgery are registered for further follow-up. Those requiring eye surgeries will be called at a later date for their eye surgeries. Out of 264 beneficiaries, only 136 required spectacles based on the screenings conducted. However, 87 beneficiaries were enrolled for cataract operations, marking the highest number recorded across our four camps. Upon review, we identified insights - many were aged 50 and above of whom many had never had an eye examination before, primarily due to financial constraints or a lack of access to healthcare services. These factors contributed to the high number of cataract cases identified during this camp. Consequently, the enrollment for cataract operations has reached an unprecedented level.

The 5th eye check-up camp was conducted on 28th July. Out of 270 beneficiaries, 204 required spectacles. Out of 270, 35 beneficiaries were diagnosed with eye problems which could be given relief surgically. Arindam Roychowdhury and Ravindra K. attended.

Project Values for the 2 camps is given below:

Camp	Camp Arrangement Cost	Spectacles @ Rs 800	Total
4.	14000	204x800 = 163200	1,77,200
5.	14000	136×800= 108800	1,22,800

87 patients were found requiring eye surgery in the 4th Camp. 27 patients have availed free eye surgery on 25th July (26 Phaco and 1 IOL).

All beneficiaries received positive post-operative reports, with no complications detected. They have been given comprehensive guidance on post-operative care, provided with free eye drops from the hospital, and their first post-operative check-up was also free. The beneficiaries and their households expressed satisfaction with the services and commended the efforts of the Rotary Club of Calcutta's "Vision for All" project. The Project value is as under:

SI No.	Particulars	Description	Total Amount
1.	1 - IOL surgery	Rs. 5,000 X 1	Rs. 5,000
2.	26 - Phaco surgery	Rs. 8,000 X 24 Rs. 12,000 X 2	Rs. 2,16,000
Total Cost Rs. 2,21,000			Rs. 2,21,000

Excerpted from Reports of Ravi Khandelwal and Arindam Roychowdhury

Make-up Attendance

- 1. A Make-Up Attendance is granted only for a missed RWM.
- 2. The request for such Make-Up must be kept on record at RS Office, like the signed Attendance Sheets are done.
- 3. Consequently, Member must write a letter to the Chair -Attendance with a copy to Rotary Sadan Office, or vice versa, mentioning the date of the RWM missed for which the Make-Up is sought, and the date of the Make-up through attending an eligible meeting/project.
- 4. If the communication is by e-mail, RS Office is advised to keep a printed copy of the same for record.
- 5. A humble request not to put Attendance Make-Up requests in WA Group any further.

From Rtn Hirak Ray, Chairman - Membership, Attendance, Family of Rotary & Green Badgers

Rotary

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THE TALK SHOW

Avant- garde Projects

17th August, SATURDAY. 5pm IST

Rotary

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ABH BASIC EDUCATION & LITERAC'

Desktops with UPS

GUST SATURDAY * ROTARY SADAN HALL AUGUST Ski user rindam Roy Chowdhury + 91 8777836360 - Diseasol + 91 9831423555



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REPORTING & ANNOUNCEMENTS



ONE WORLD

We remember with good wishes Rotary Club of Colombo, Sri Lanka, R I Dist. 3220

Birthdays				
Rtn. Dr Dipak Roy Chowdhury	6th Aug			
Rtn. Dr.Abhijit Chattopadhyay	7th Aug			
Rtn. Shinjini Bose	10th Aug			
Rtn. Pramit Kumar Ray	10th Aug			
Rtn. Shankar Sehanobish	12th Aug			
Rtn. Sakti Kumar Banerjee	12th Aug			
Wish you many happy returns of the day				

Wedding Anniversaries

Rtn. Dr. Abhrajit Ray & Rtn. Dr. Nandini Ray10th AugRtn. Pramit Kumar Ray & R-Ann Sreya11th AugRtn. Sutanu Ghosh & R-Ann Shakunta12th AugWish you many more years of marital bliss

SPEAKER OF THE DAY Rtn. Ajay Kumar Doshi

Next Meeting

Tuesday, 13th August 2024 at 1.30 p.m. / Lunch at 12.30 p.m. Speaker : Prof. Chinmoy Guha

INDEPENDENCE DAY CELEBRATION ON 15TH AUGUST, 2024

Independence Day will be celebrated on Thursday, 15th August, 2024 morning at Rotary Sadan. Flag hoisting will follow the Art Exhibition and Cultural programme by the students of the Cultural Section. You are requested to attend the programme with your family.

CLASSIFICATION SURVEY - 2024-25

To facilitate the ongoing Annual Classification Survey, members are requested to kindly suggest any new Classification to be opened in line with new and emerging professions and disciplines by 16th August, 2024. For any change in their own classification, members may write with reasons for change for consideration of the Classification Committee and the Board urgently, but not later than 16th August, 2024.

From : Rtn. Hirak Ray, Chairman, Membership, Attendance, Family of Rotary & Green Badgers Committee 2024-25

SIKSHA LABH

Literacy and Special Project Committee will jointly organise "Siksha Labh" project of Basic Education & Literacy, donation of 100 pcs. Desktops to underprivileged institutions on Saturday, 17th August, 2024 at 10 a.m. onwards at Rotary Sadan (Ground floor). All members are requested to join the mega project.

FORTHCOMING MEETINGS / EVENTS IN THE MONTH OF AUGUST 2024

Day & Date	Programmes	Timing and Venue
Thursday 8th August 2024	Eye Check —Up Camp	10 a.m. Krishnanagar Centre for Social Studies & Research, Krishnanagar, Nadia
Saturday 10th August 2024	Eye Check —Up Camp	10 a.m. Shahid Abdul Odud Smriti Bhaban, Barui Para, Dist. Nadia
Tuesday 13th August 2024	Regular Weekly Meeting Speaker : Prof. Chinmoy Guha	1.30 p.m. preceded by Lunch at 12.30 pm at Rotary Sadan (2nd Floor) at 12.30 p.m.
Thursday 15th August 2024	Eye Check —up Camp and Blood Donation Camp	10 a.m. Manobik Dangbari Primary School Sabang, West Midnapur
Thursday 1 5th August 2024	Independence Day Celebration	10 a.m. onwards at Rotary Sadan (Ground floor)
Thursday 17th August 2024	Siksha Labh, Basic Education & Literacy Donation of 100 pcs. Desktops	10 a.m., Rotary Sadan (Ground floor)
Sunday 18th August 2024	Eye Check —Up Camp	10 a.m., Ranihati Netaji Samaj Sathi, Ranihati, Howrah
Tuesday 20th August 2024	No Regular Weekly Meeting	-
Saturday 24th August 2024	Regular Weekly Meeting along with Attendance Awards Ceremony	6.30 p.m. followed by fellowship and dinner at Rotary Sadan
Saturday 31 st August 2024	Eye Check —Up Camp	10 a.m. Sai Nath Foundation, Khardaha, Kolkata

MINUTES OF THE 4951st REGULAR WEEKLY MEETING HELD ON 30th JULY 2024 AT 1.30 P.M. AT ROTARY SADAN

- 1. President, Rtn. Subrata De welcomed all Members and Guests and called the 4951st Regular Weekly Meeting of the Club to order.
- 2. National Anthem was led by Rtn. Dr Shankar Ghosh.
- 3. Minutes of the 4950th regular weekly meeting of the Club held on 23rd July were confirmed.
- 4. President welcomed Dr. Rahul Jain, MBBS, MD, Post Grad. Diploma in Diabetes (Cardiff UK) as the Chief Guest on that day.
- 5. President then welcomed Visiting Rotarians and Guests who attended the meeting.

6. President reported the following :

- i) Community Service, RCC and Vocational Service Committee planted trees and distributed saplings to the villagers at our RCC Ranihati Netaji Samaj Sathi on 7th July, 2024.
- ii) Community Service and Special Project Committee organised a free Eye Check –Up Camp on Sunday, 21st July, 2024 at Duttapulia High School, Dist. Nadia.
- iii) Rotary Club of Calcutta and Rotary Club of Calcutta Laban Hrad jointly organised a Workshop on "Navigating Attention Deficit Challenges for Success" on 24th July 2024 at Rotary Sadan.
- iv) Community Service and Special Project Committee organised Cataract Camp on 25th July, 2024 at Sankar Jyoti Eye Institute, Khardah, North 24-Parganas.
- v) Women's Empowerment Committee organised an Awareness Programme on "Menstrual Hygiene" on Saturday, 27th July 2024 at 1.30 p.m. onwards at Lavinia House.
- vi) Community Service and Special Project Committee organised free Eye check-up Camp on 28th July, 2024 at Shikharpur Netaji Sangha, Rajarhat, Dist. of 24-Pgs.
- vii) R I Dist. 3291 organised "Zonal Membership Workshop" on 28th July, 2024 at Rotary Sadan. The programme was attended by Hony. Secretary Rtn. Suman Chakraborty, Membership Chair Rtn. Hirak Ray, Hony. Treasurer Rtn. Indrajit Banerjee and himself. The workshop was co-hosted by the Club.

7. President announced the following :

- a) Community Service and Special Project Committee would organise a free Check Up Camp on Saturday, 10th August, 2024 at 10 a.m. onwards at Shahid Abdul Odud Smriti Bhaban, Barui Para, Dist. Nadia and he requested members to make a note of it and attend.
- b) President informed members that the Global Grant Project at Primyamvada Birla Eye Hospital has been completed and it would be closed as soon as possible. He also informed members that on Wednesday, 31st July 2024 at 2 p.m. a team from the Club would visit Primyamvada Birla Eye Hospital. Interested members were also requested to join on 31st July 2024 at Primyamvada Birla Eye Hospital. For further details please contact Hony. Secretary, Rtn. Suman Chakraborty.
- 8. At the request of the President, Hony. Secretary Rtn. Suman Chakraborty thereafter conducted the Club Business :
 - a) He welcomed all Members and Guests and wished them.
 - b) He then announced the names of Rotarians celebrating their Birthdays and Wedding Anniversaries for the week ending 5th August, 2024.
 - c) Next meeting of the Club would be held on Tuesday, 6th August 2024 at 1.30 p.m. / Lunch at 12.30 p.m. / Speaker : Rtn. Ajay Kumar Doshi
 - d) Independence Day would be celebrated on Thursday, 15th August, 2024 at Rotary Sadan. Details would follow. Flag hoisting would be followed by Art Exhibition and Cultural programme by the students of the Cultural Section and requested members to attend the programme with their families.
 - e) The Board at the meeting held on 22nd July, 2024 accepted the resignations of the following members : a) Mr. Subhajit Guha Mazumdar - (with effect from 30th June, 2024)
 - b) Dr. Asok Kumar Ghoshal (with effect from 30th June, 2024)
 - c) Dr. Ayusmati Thakur (with effect from 30th July, 2024)
 - d) Ms. Shweta Tibb Arora (with effect from 30th July, 2024)
- 9. At the request of the President, Rtn. Anand Sharma introduced Dr. Rahul Jain as the Chief Guest of that day.
- 10. At the request of the President, Dr. Rahul Jain addressed the audience on "Lifestyle Diseases".
- 11. Questions raised by the members which were answered by the Chief Guest.
- 12. On behalf of the Club, President handed over a memento to Dr. Rahul Jain.
- 13. Sunshine Box collection Rs. 200/- with special contribution from Rtn. Dr. Shankar Ghosh on that day.
- 14. The Club remembered with good wishes Rotary Club of Gorakhpur, India, R I Dist. 3120.
- 15. Meeting was adjourned at 2.22 p.m.

Subrata De President

Suman Chakraborty Hony. Secretary

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